

BALBIR SINGH – HOCKEY PLAYER – INDIA

-Triple Gold Olympian and Victorious Olympic Captain

1948	London	Olympic Games	Gold Medal
1952	Helsinki	Olympic Games	Gold Medal
1956	Melbourne-Captain	Olympic Games	Gold Medal

-Two World Records since Helsinki Olympics - 1952

- 1: Most goals in any Olympic final- 5 of 6
- 2: Most goals in any Olympic semi-final plus final- 8 of 9

-Chief Coach/Manager of the following medal winning teams

1961	Ahmedabad	International	Gold Medal
1970	Bangkok	Asian Games	Silver Medal
1971	Barcelona	World Cup	Bronze Medal
1975	Kuala Lumpur	World Cup	Gold Medal- Only Gold to date
1982	Amsterdam	Champions' Trophy	Bronze Medal-Only medal to date
1982	New Delhi	Asian Games	Silver Medal
1982	Melbourne	Esanda Cup	Silver Medal

(Each Indian team I represented as a player, captain, chief coach or manager won a medal)

-Detail of goals scored in Olympics and tours abroad

1948-London Olympics: Played two matches & scored 8 of the 13 goals, including the first 2 in the final against Great Britain in 7th and 15th minutes

1952- Helsinki Olympics: Played three matches & scored 9 of the 13 goals including all 3 in the semi-final against Great Britain in the 1st, 14th & 26th minutes and 5 of the 6 in the final against Holland in the 5th, 9th, 33rd, 45th & 65th minutes

1954- Singapore & Malaysia tour: Scored 83 of the 121 goals in 16 matches - Captain

1955- New Zealand & Australia Tour: Scored 141 of 203 goals in 37 matches

-Distinctions:

1952	Helsinki	Flag bearer Indian Olympic contingent
1956	Melbourne	Flag bearer Indian Olympic contingent
1956	Melbourne	Lead the team that scored Golden Hat Trick in Olympics
1957	New Delhi	Received National Award Padma Shree
1982	New Delhi	Adjudged Indian Sportsman of the century – Opinion poll
1982	New Delhi	Lit the torch at the Opening Ceremony of Asian Games

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-Published:

1977	The Golden Hat trick	Autobiography	
2008	The Golden Yardstick	In quest of hockey excellence	Training Manual

Released by **Dr. Manmohan Singh, Hon. Prime Minister of India**

-Guest of Honour at many important International events including the following:

1980	Moscow	Olympic Games
1986	London	World Cup
1995	Berlin	Champions' Trophy

-On my way to the Olympic Top tasted victory:

At school, college, university, club, state, national and world level
As a keeper, defender, midfielder and striker

-Served:

Punjab Government in Police and Sports Departments as a profession
Following Autonomous Sports Organisations in an honorary capacity:
Indian Hockey Federation
All India Council of Sports
Sports Authority of India,
Society for National Institute of Physical Education
Jawaharlal Nehru International Hockey Tournament
Punjab Hockey Association
Punjab Sports Council
Chandigarh Hockey Association

-The credit for the above achievements and distinctions goes to my parents, family, teachers, coaches, teammates, fans and well-wishers.